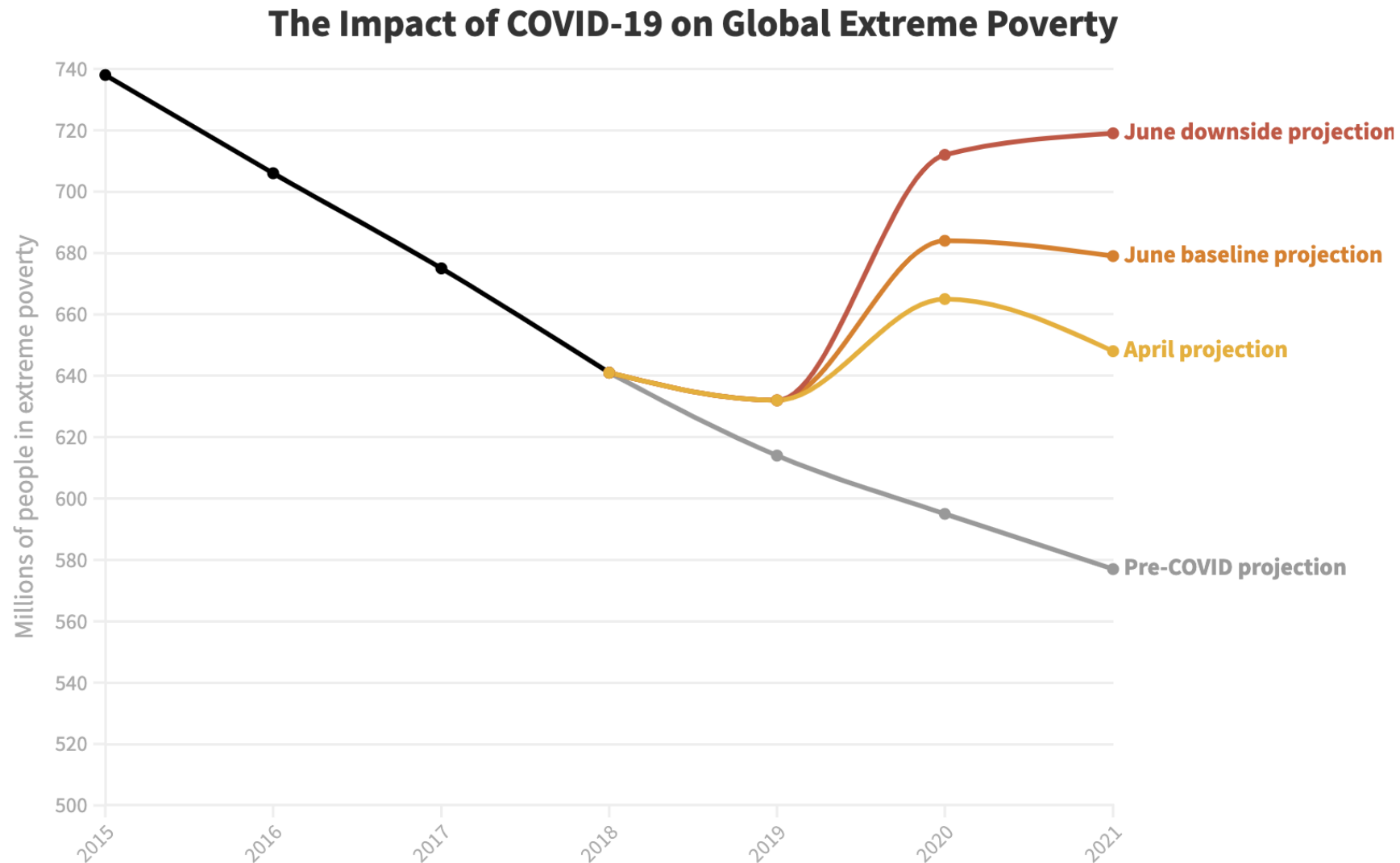




Religiousness and Resilience

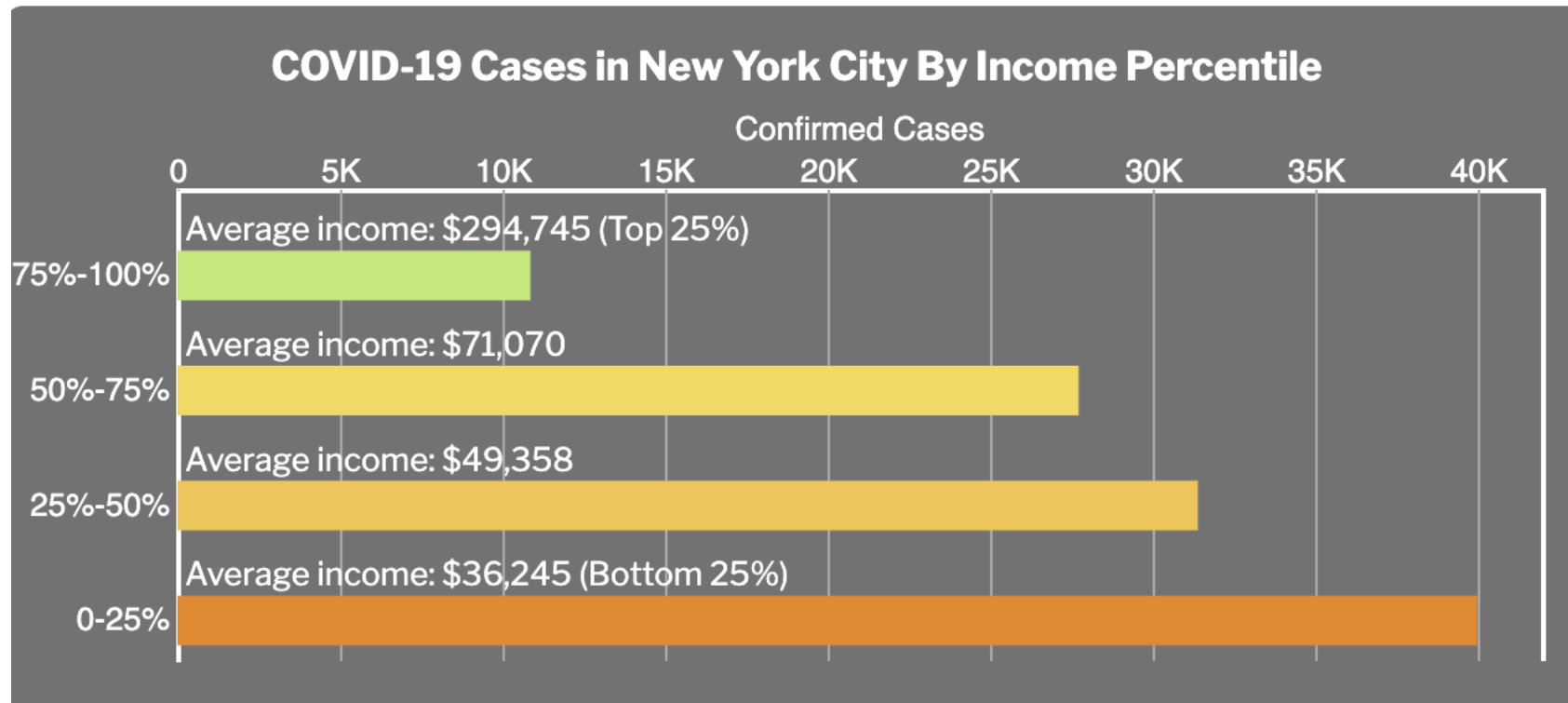
Trachtenberg, E., Yaffe, N., Forkosh, O. & Bartal, I.

COVID-19 will hit the poor hardest. (The world Bank 2020)

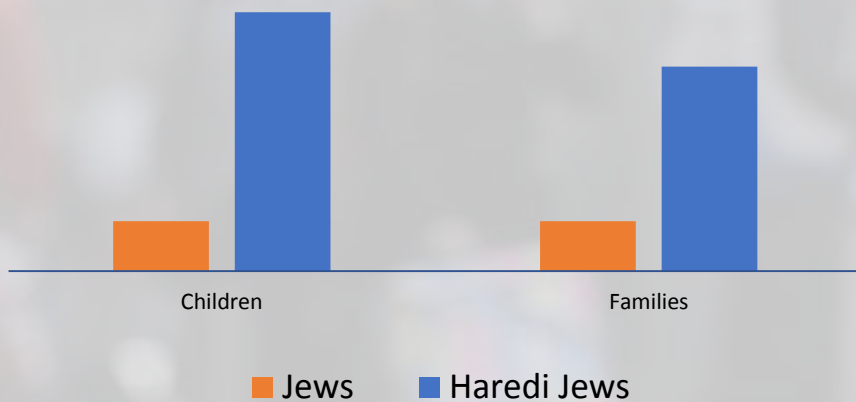


Source: [Lakner et al \(2020\)](#), [PovcalNet](#), [Global Economic Prospects](#), • Extreme poverty is measured as the number of people living on less than \$1.90 per day.

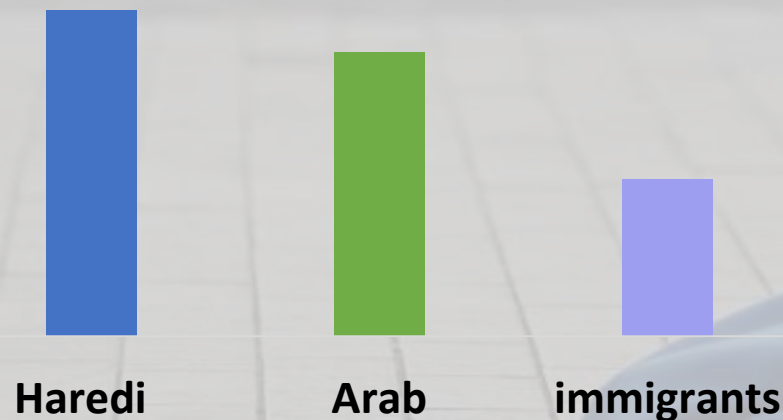
COVID-19 Is striking city's Low-Income Neighborhoods



The proportions of poverty



The proportions of poverty in disadvantaged population



Social security 2018

The ultra-orthodox community was most affected by the Corona

THE TIMES OF ISRAEL

Two ultra-Orthodox bastions account for 37% of Israel's virus deaths

Two ultra-Orthodox bastions account for 37% of Israel's virus deaths

Jerusalem and Bnei Brak, focal points of the community, were disproportionately hit by COVID-19, but the extent of that impact was not known until now

By NATHAN JEFFAY

10 May 2020, 8:18 pm | 5

1,385 shares



Ultra-Orthodox men, wearing face shields as a protective measure against the coronavirus, study in an outdoor area in Jerusalem on May 4, 2020. (Yonatan Sindel/Flash90)

Psychological and clinical effects of COVID-19 & quarantine

 **World Health Organization**

Coping with stress during the 2019-nCoV outbreak

 It is normal to feel sad, stressed, confused, scared or angry during a crisis. Talking to people you trust can help. Contact your friends and family.

If you must stay at home, maintain a healthy lifestyle - including proper diet, sleep, exercise and social contacts with loved ones at home and by email and phone with other family and friends. 

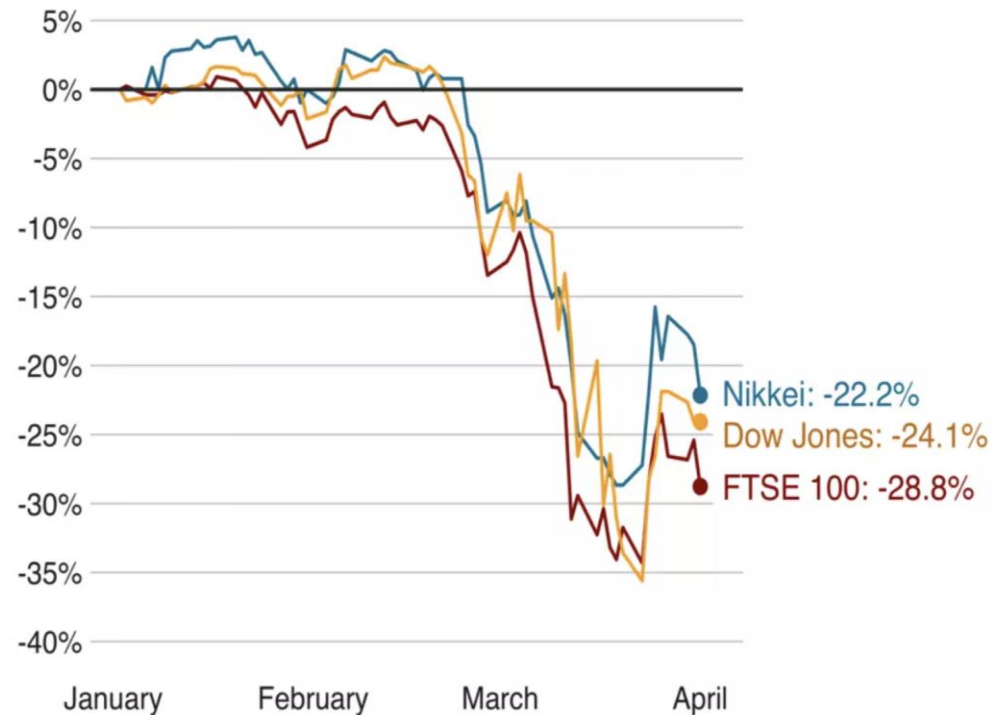
 Don't use smoking, alcohol or other drugs to deal with your emotions. If you feel overwhelmed, talk to a health worker or counsellor. Have a plan, where to go to and how to seek help for physical and mental health needs if required.

Get the facts. Gather information that will help you accurately determine your risk so that you can take reasonable precautions. Find a credible source you can trust such as WHO website or, a local or state public health agency. 

 Limit worry and agitation by lessening the time you and your family spend watching or listening to media coverage that you perceive as upsetting.

Draw on skills you have used in the past that have helped you to manage previous life's adversities and use those skills to help you manage your emotions during the challenging time of this outbreak. 

The impact of coronavirus on stock markets since the start of the outbreak



Source: Bloomberg, 01 April 2020, 09:00 GMT

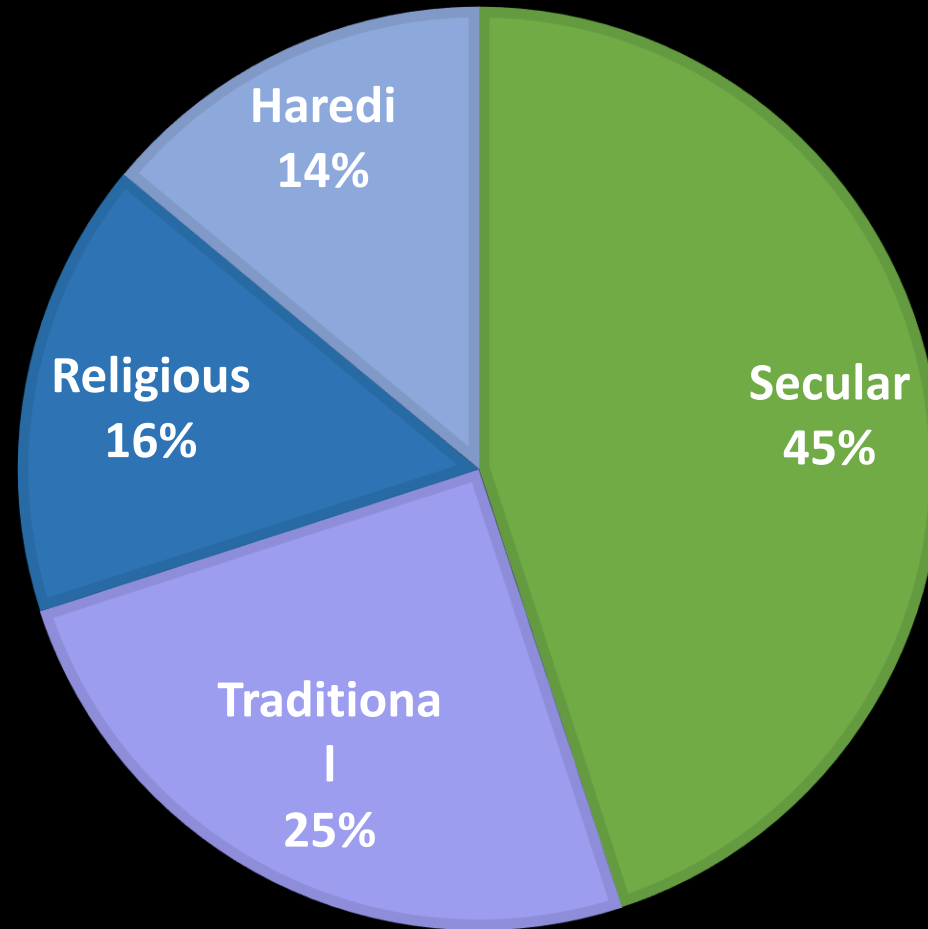
BBC

Image: BBC/Bloomberg



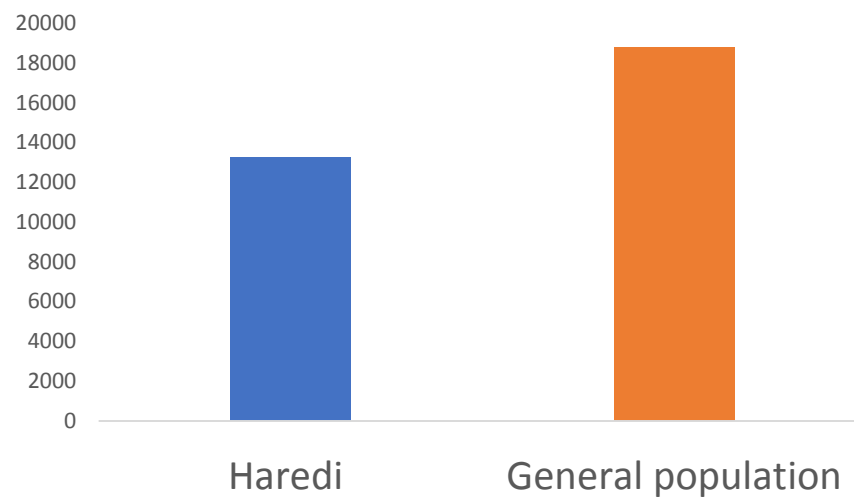
Is religiosity playing a role with coping with COVID -19

(Koenig, 2012; Richards, Berrett, Hardman, & Eggett, 2006; Hackney & Sanders, 2003; Steger & Frazier, 2005)

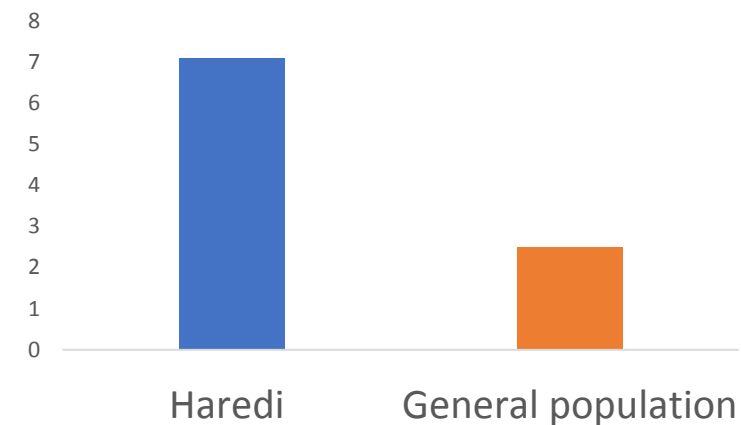


Some fact around lifestyle

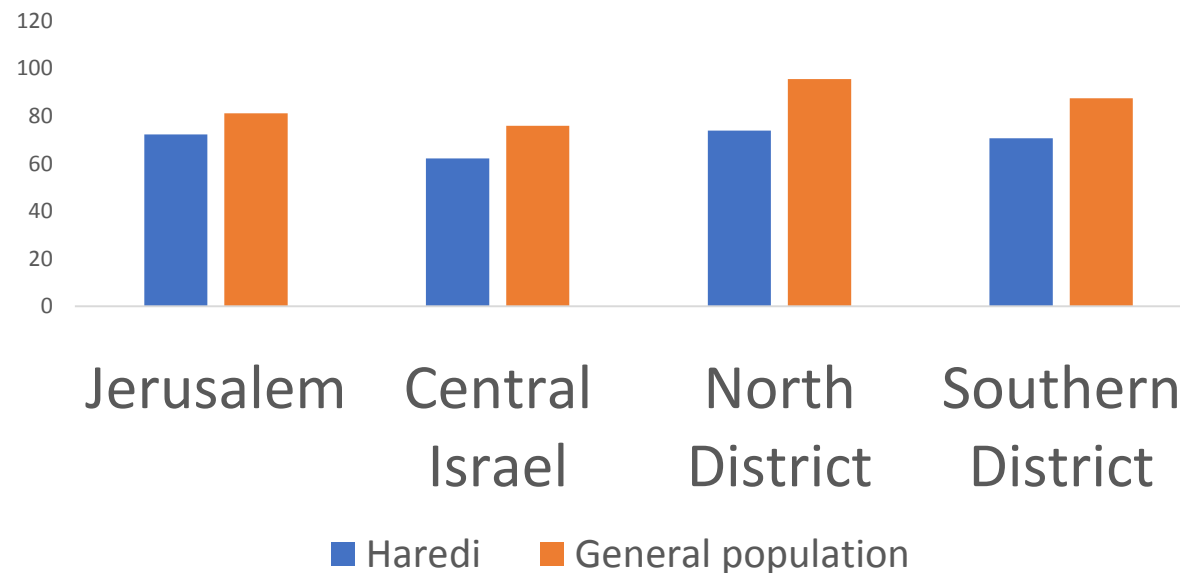
Income



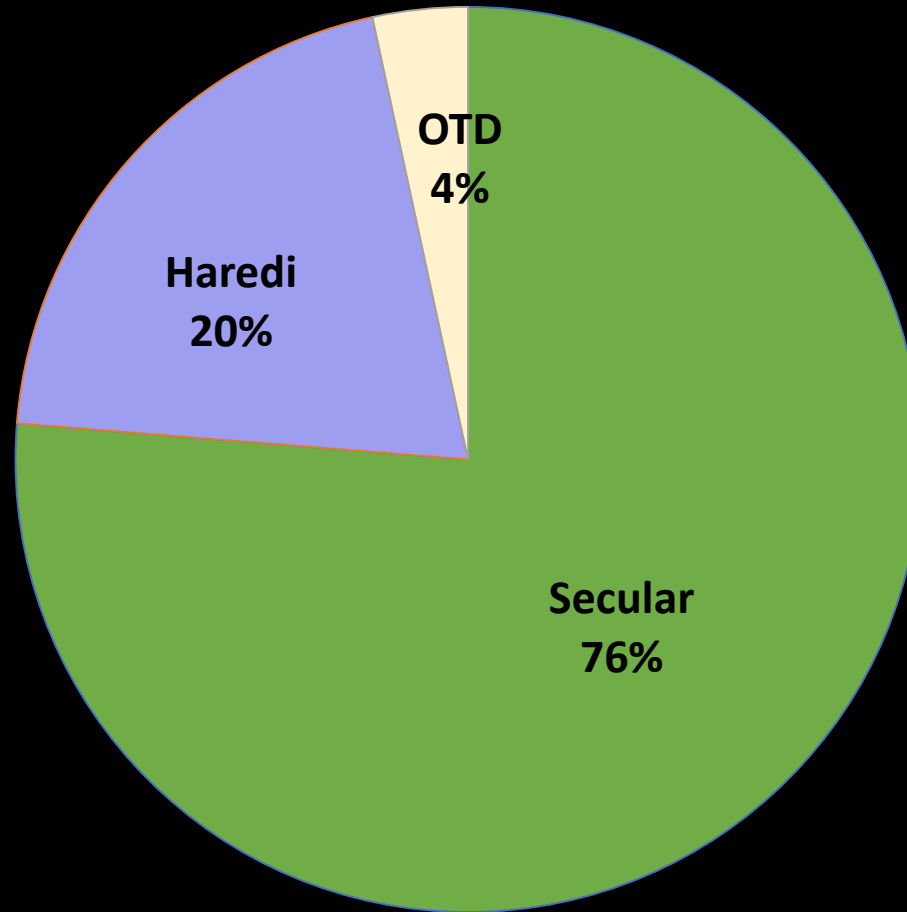
Child per family



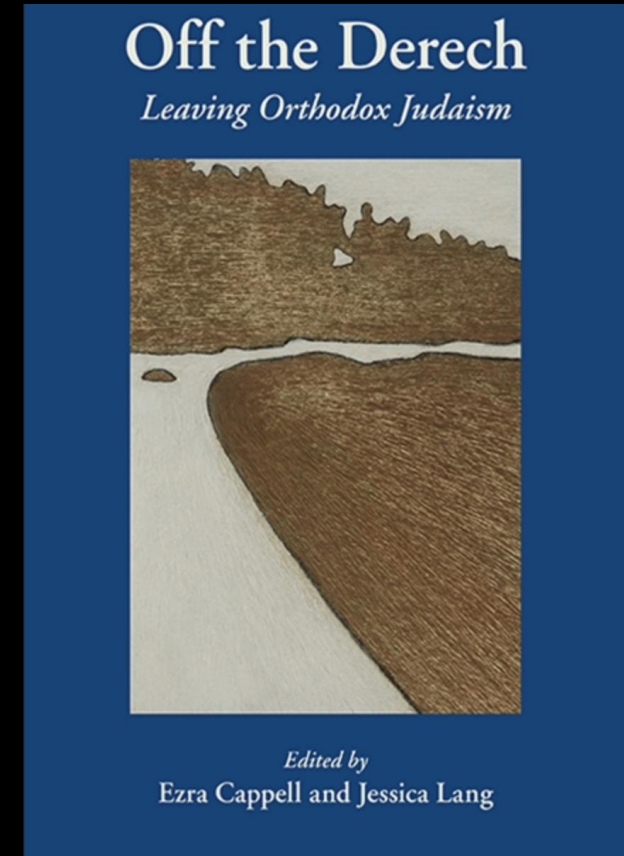
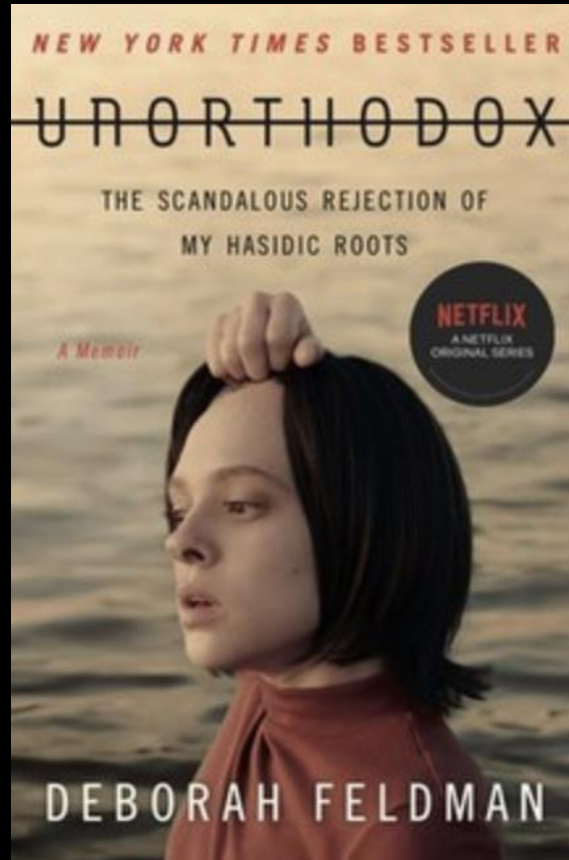
Apt size



577 participants $M_{age}=28\pm.8$, 76% Women
53% single



OTD- Off The Derach- These that strayed from the way estimated between 10% - 20% of the ultra-Orthodox society.



Measures

Well-being assessment (Emotional, Social, Psychological-14)

MHC-

I felt satisfied with my life, I felt interested in life, I felt that I had experiences that made me grow and become a better person(1-6) ($\alpha= 0.90$)

Depression, Anxiety, and Stress assessment 21– DASS-

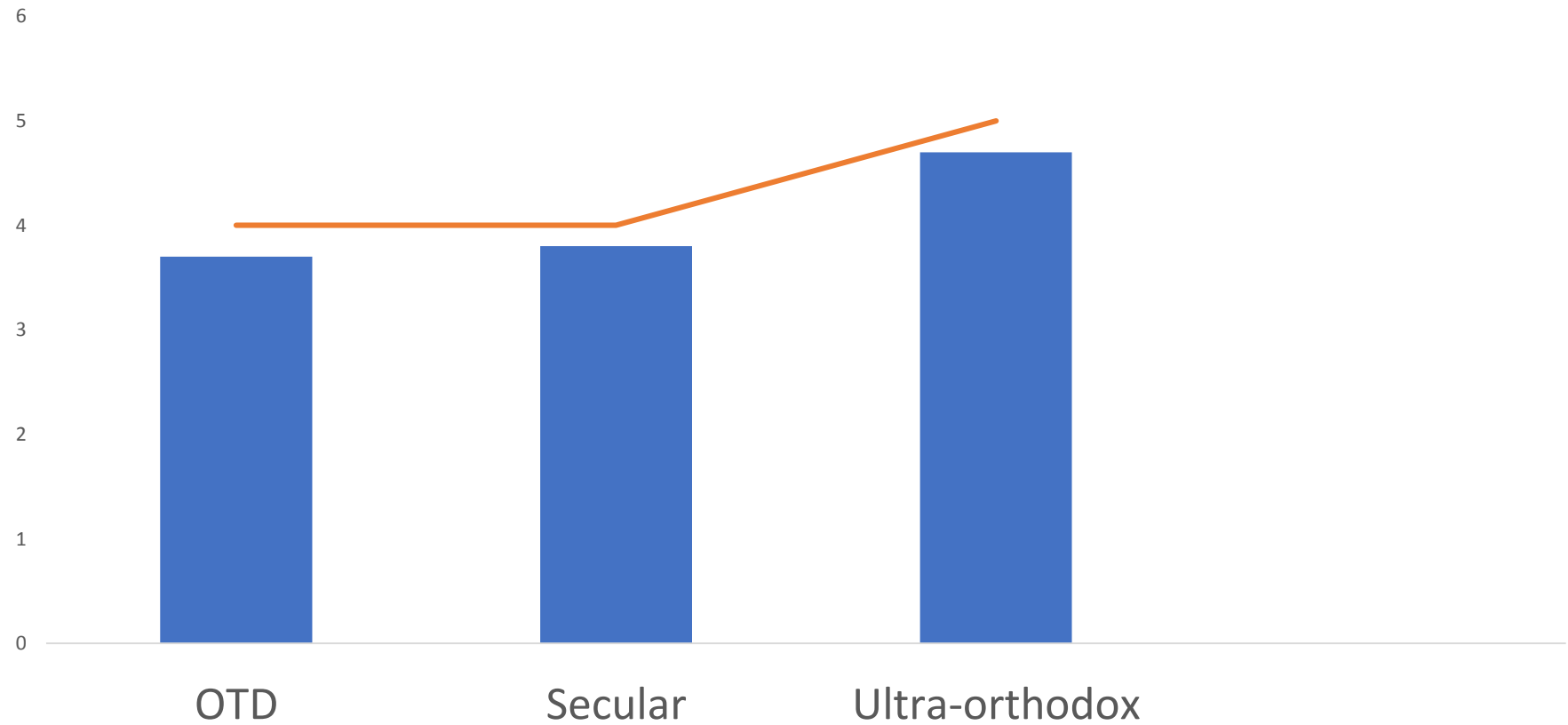
I had trouble being at ease, I had a hard time experiencing any positive feelings, I felt I had nothing to expect in life ($\alpha= 0.93$)

Economical measure

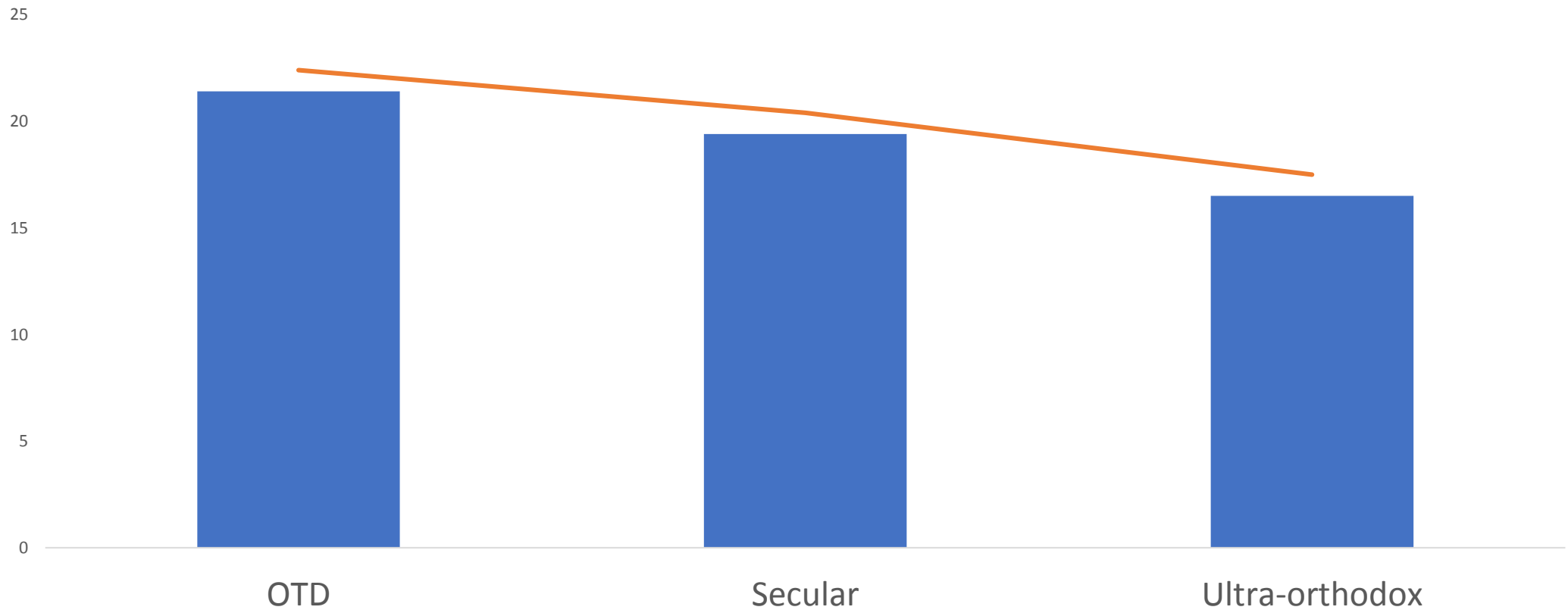
How you define your financial situation

Did the Corona make your financial situation worse-1 yes, 2 No?

Well-being assessment – MHC-

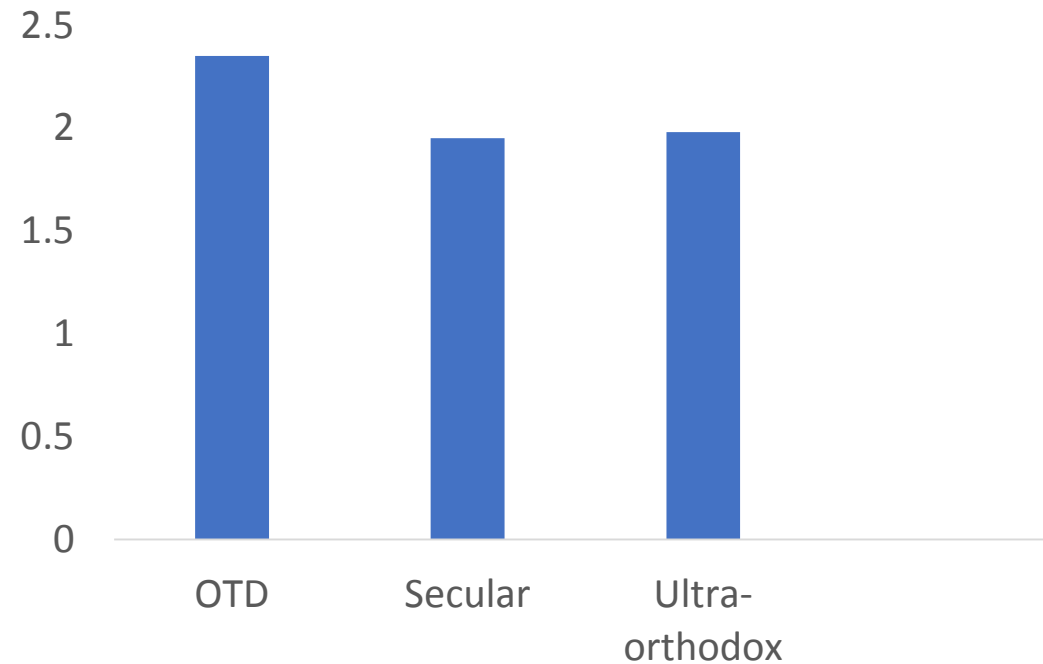


Depression, Anxiety, and Stress assessment - DASS

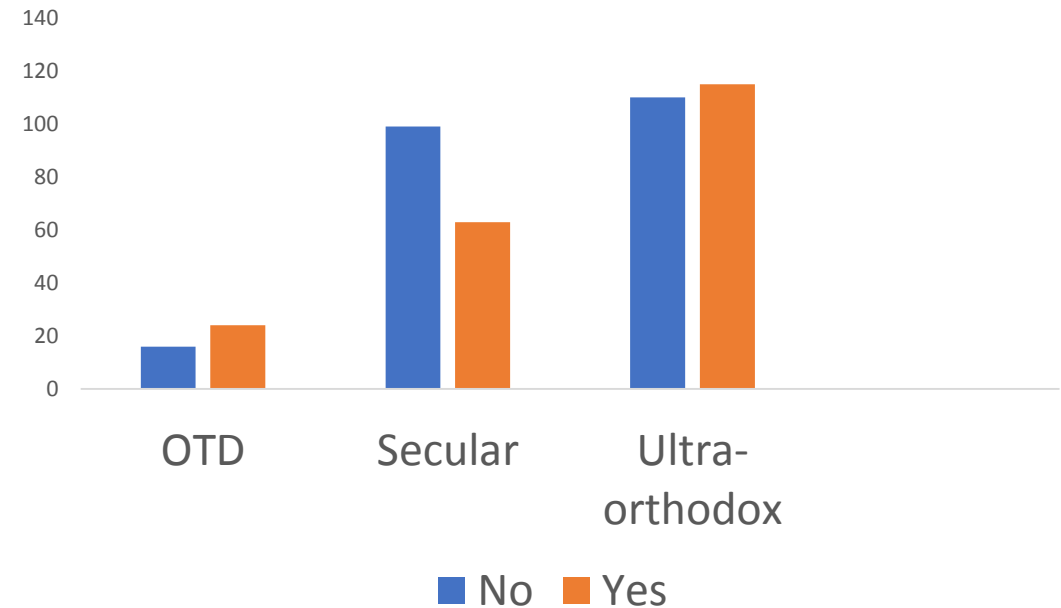


It's the economy..??

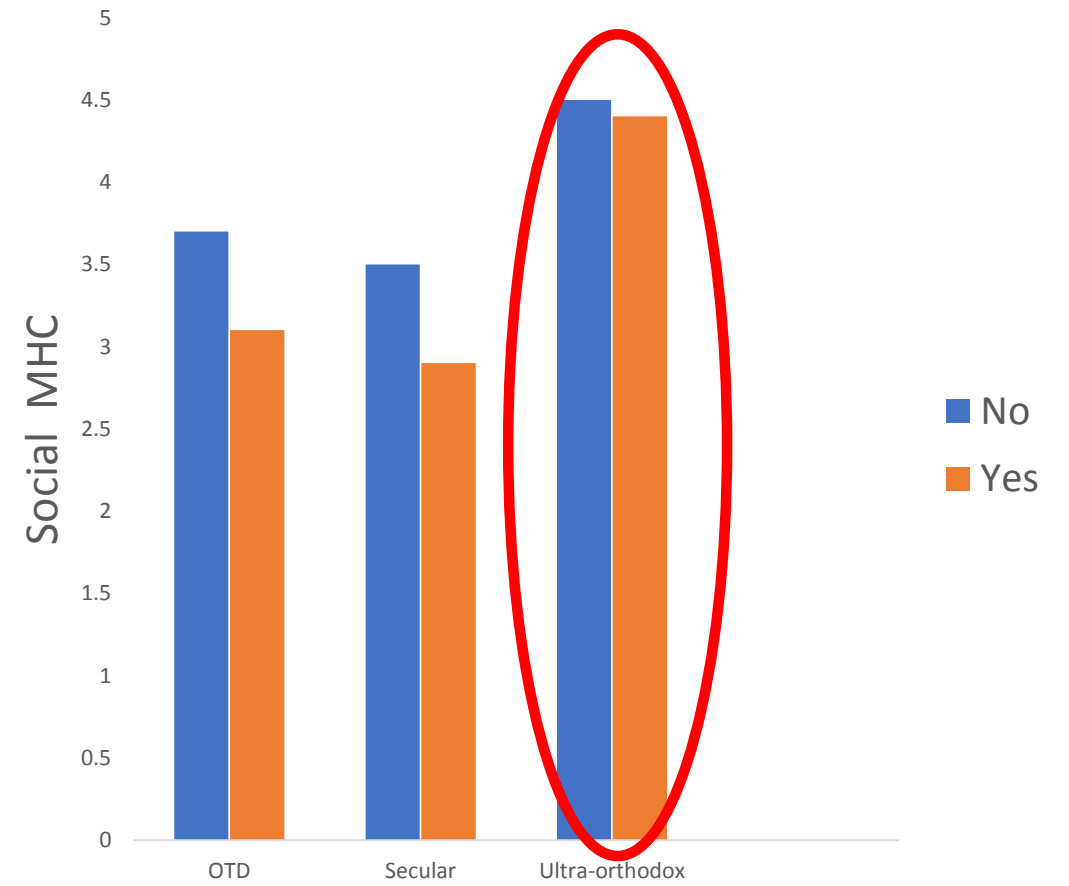
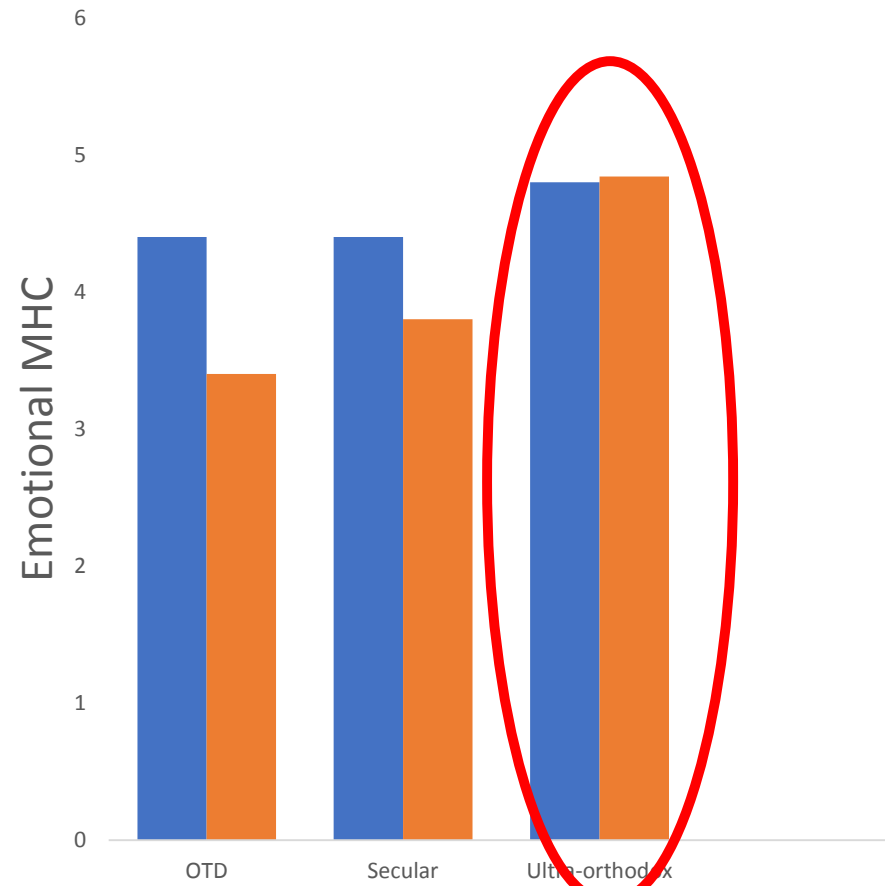
How you define your financial situation right now



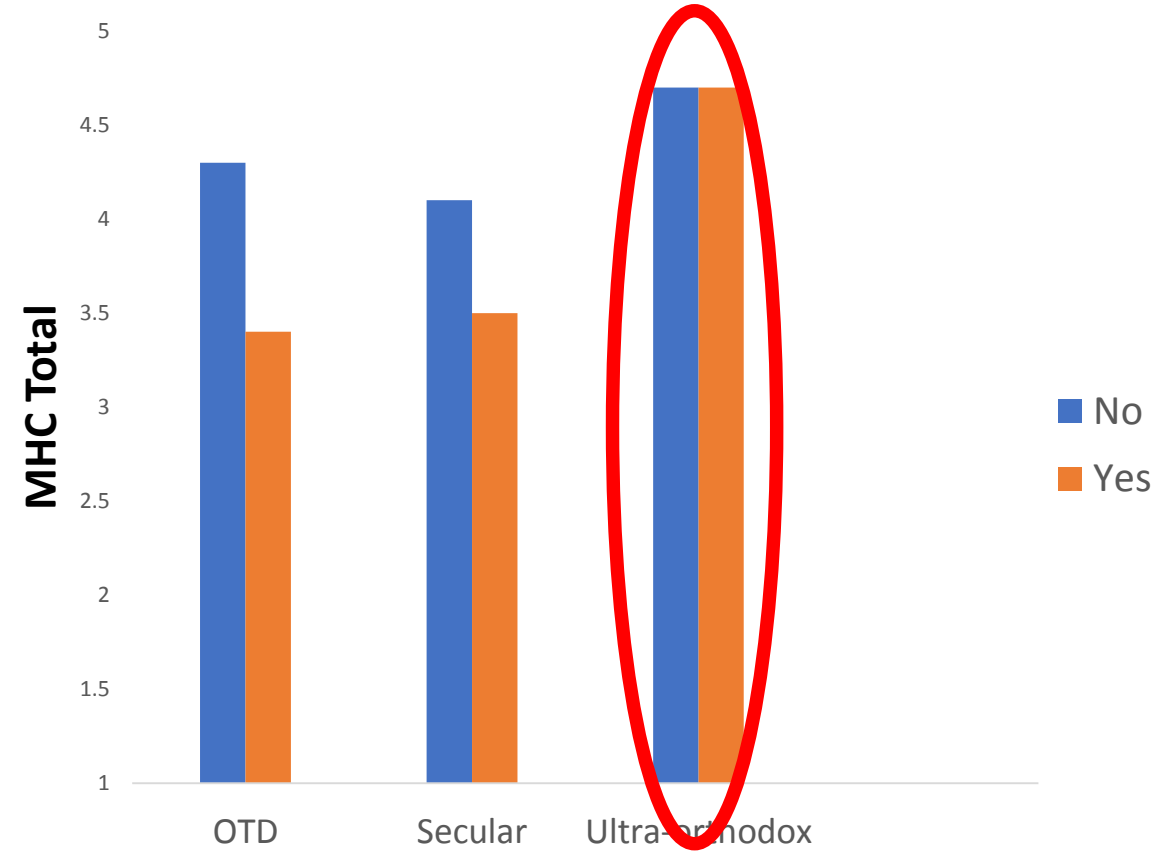
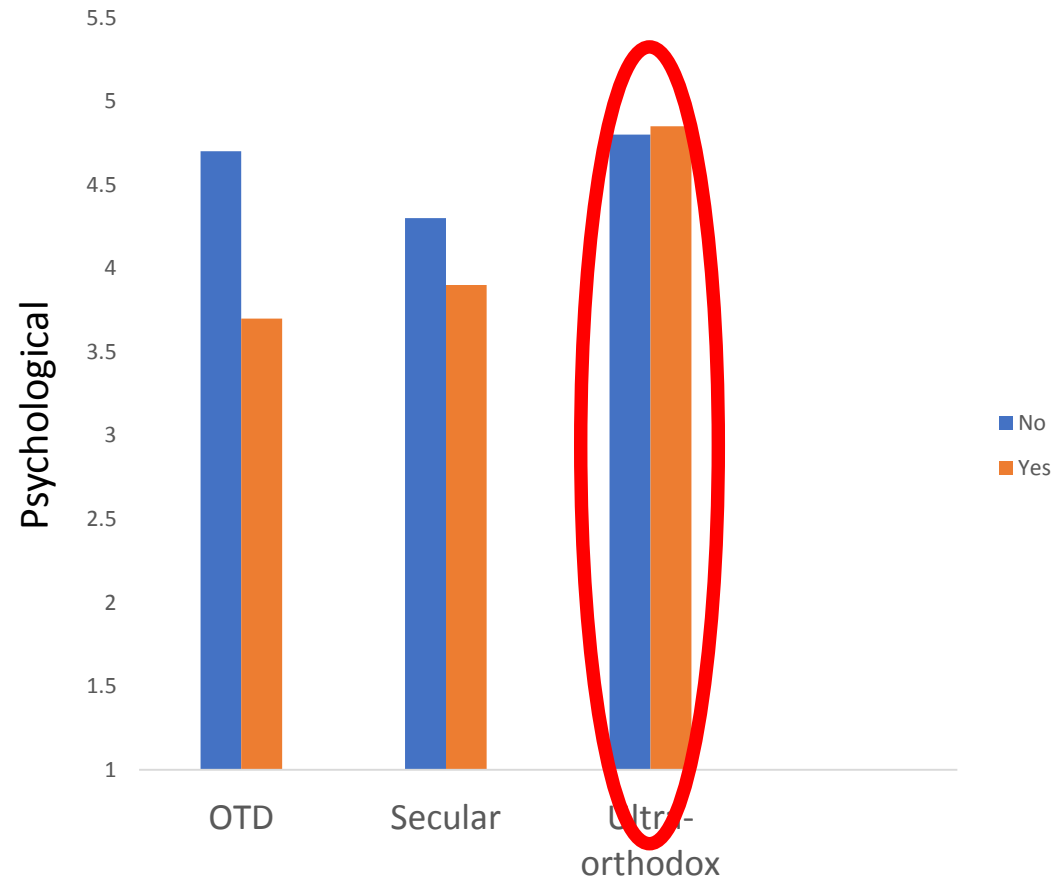
Has your financial situation worsened by the Corona? No=0, Yes=1.



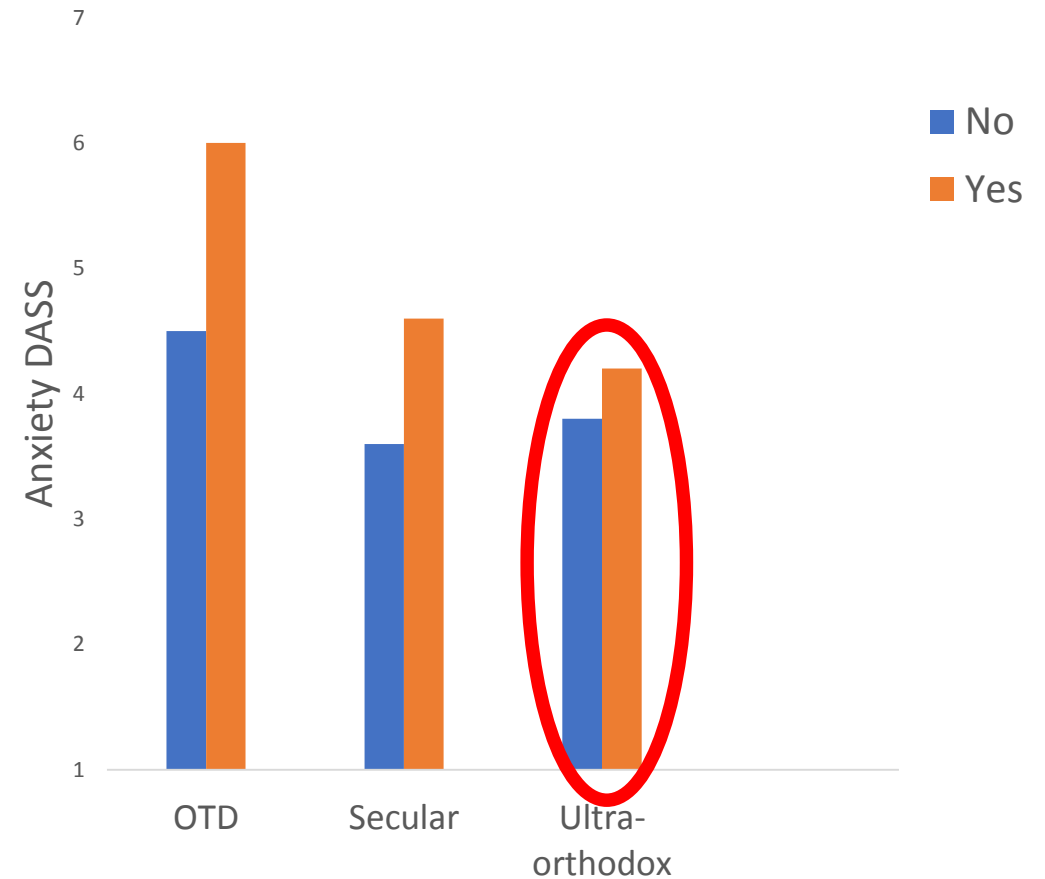
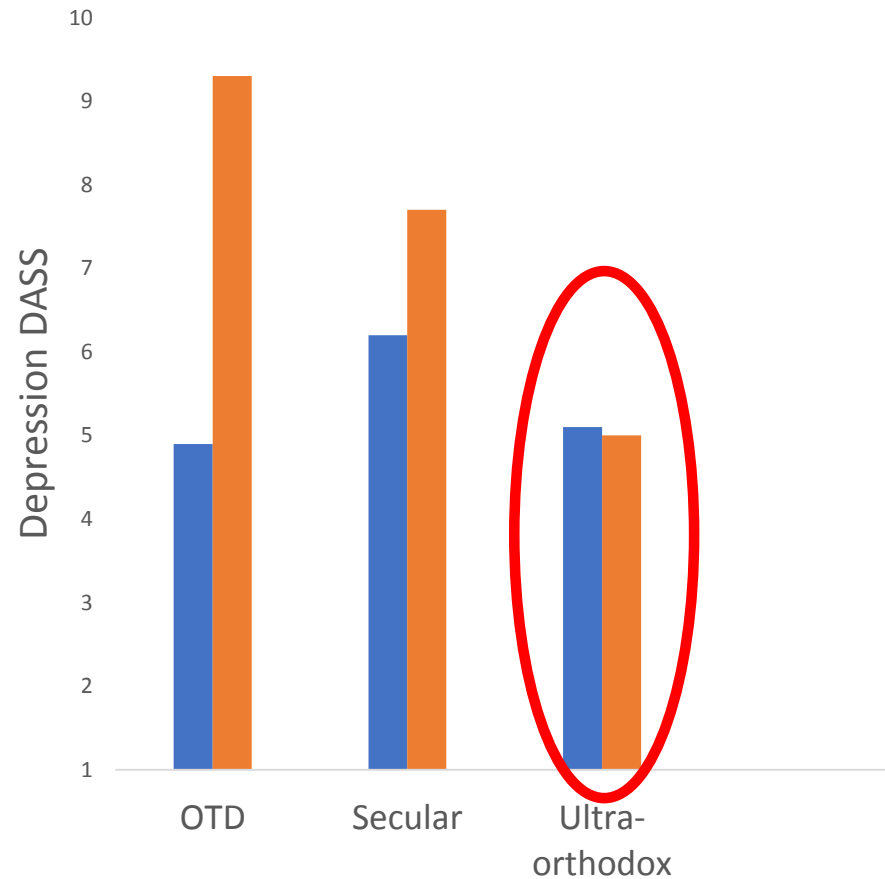
Well-being MHC



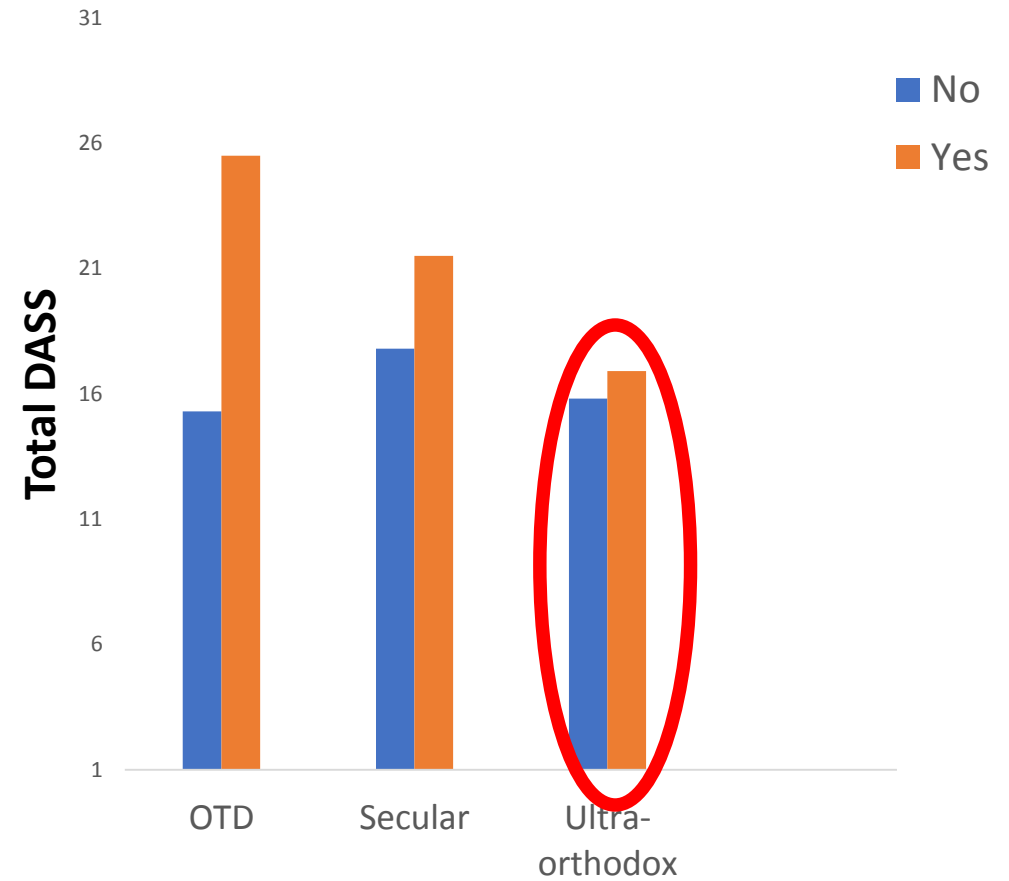
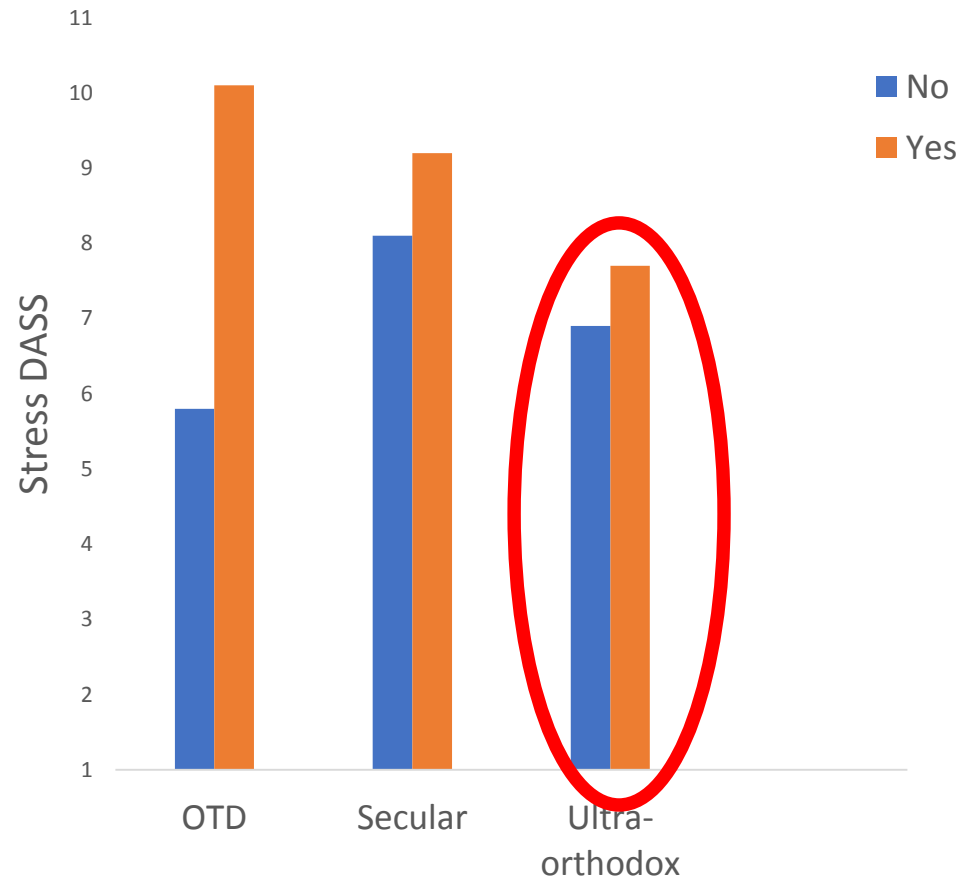
Well-being MHC



Depression, Anxiety, and Stress assessment – DASS



Depression, Anxiety, and Stress assessment – DASS



Discussion

- The Haredi community was severely affected during the First wave of COVID yet, displays a very strong mental resilience
- Although the ultra-Orthodox society is poorer, lives in small apt size, and have many more children compared with other sectors in Israel. They still display higher measures of strong mental resilience.

Making meaning

Spirituality as resilience -A man's spirit can sustain him through illness
(Provers 18,14) - רוח־אִישׁ יִכְלֶה לְמַחֲלֵהוּ (משלי יח, יד)

Social capital - The resources and benefits we receive, either as individuals or as groups, through our connections with others
(Bourdieu, 1986).

The Haredi attitude to money- Poor Is Pious (Yaffe et al 2018);
Poverty and Identity (Yaffe, 2020)

Thank you



Estherina Trachtenberg



Oren Forkosh



Inbal Bartal